QUIET GROWTH BEHAVIORAL HEALTH

SHIFT PROGRESS NOTE

Quiet Growth Behavioral Health Main Campus
123 Mainstreet
Phoenix, AZ, 85355
(405) 578-5031

Shift Date: Jun 29, 2026

PATIENT INFORMATION

PATIENT NAME:	DATE OF BIRTH:	MRN:
George Howard	**Jul 18, 2001**	**MRN-00000020**
MEMBER ID:	ADMISSION DATE:	
AC123456789	**Jun 30, 2026**	

PRIMARY DX:
F41.1 - Generalized Anxiety Disorder

SECONDARY DX:
F32.1 - Major Depressive Disorder, Single Episode, Moderate severity, in partial remission

CLINICAL CONTEXT

Active Diagnoses

#	Code	Diagnosis	Category	Status
1	**F41.1**	Generalized Anxiety Disorder Primary	Mental Health	Active
2	**F32.1**	Major Depressive Disorder, Single Episode, Moderate severity, in partial remission	Mental Health	Active

Active Medications

Medication	Route	Frequency	Instructions
Sertraline 100mg Tablet	By Mouth	Daily	*Sertraline · 100mg · 1 Tablet(s) · By Mouth · Daily · (5 on hand)*

SHIFT DETAILS

Shift Date	Shift	Staff on Shift
Jun 30, 2026	Mid Day	Sofia Brooks
Start Time	**End Time**	
21:20	15:20	

DATA

Mood	• Elevated
Behavior	• Agitated
Sleep	• Restless
Medications	• PRN given
Social	• Peer interaction
Incidents	• AMA

During the shift, George Howard exhibited an elevated mood and agitated behavior. He experienced restless sleep and engaged in peer interaction. PRN medication was administered, and an incident of leaving against medical advice (AMA) was noted.

ASSESSMENT

Treatment Goals Addressed	1. Anxiety Symptom Reduction 2. Medication Adherence and Monitoring
Clinical Impression	• Improving

George Howard presents with an improving clinical status despite agitation and restless sleep, demonstrating engagement through peer interaction and responsiveness to PRN medication. His elevated mood and recent AMA incident warrant continued monitoring to ensure safety and support progress toward treatment goals.

PLAN

Handoff Actions	• Monitor closely

Continue to monitor George Howard closely for agitation and elevated mood, ensuring PRN medications are administered as needed. Observe sleep patterns and social interactions, noting any changes or incidents, and report any further signs of restlessness or risk behaviors.

SIGNATURES

STAFF MEMBER SIGNATURE *

Signature of the staff member who documented this shift.



SOFIA BROOKS, LCSW *Jun 30, 2026 7:54 AM UTC-7*

✓ *Electronically signed*

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